



健康風險評估中心
HEALTH RISK ASSESSMENT CENTRE

Professional Service

Advanced Technology

Holistic Solution

CHRA-COMPREHENSIVE HEALTH RISK ASSESSMENT



Combining advanced technology and functional nutrition, our professional services are offered to you by a team of IFN certified nutritionists and health specialists.



www.hracentre.com

The Comprehensive Health Risk Assessment(CHRA) is your best option

Advanced
Technology

Assessments are performed by nutritionists and specialists who are certified by the HRA.

Professional health consultation along with interpretation of reports.

A one-time comprehensive assessment.

CHRA-COMPREHENSIVE
HEALTH RISK ASSESSMENT
全面健康風險評估



Discover and examine the root cause of your health problem.

Highly accurate method, results can be obtained straight away.

Comfortable assessment setting.

Personalised and comprehensive solution.

Quality that is worth the price.

Time Efficient.
Assessment will only take a few hours.

Non-traumatic, non-invasive, non-harmful and without radioactive damage.

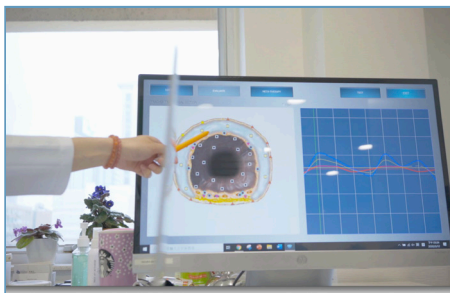
What is the Comprehensive Health Risk Assessment (CHRA)?

The smart way of assessing your health risks.

- Assesses health problems and risk factors early; before the onset of an illness
- Determines past and present health problems and their root causes

Comprehensive Health Risk Assessment (CHRA) is a process that utilizes a specific tool to assess the frequency between the brain, body parts and cells. It can detect past and present health problems and the root causes behind them. It can also detect hidden health risk factors that are normally rendered undetected or ambiguous. CHRA is a non-invasive assessment (such as blood, bone marrow and lymphatic extraction etc). CHRA operates without any electric current, no direct contact with the bare skin and without the use of a radioactive contrast agent. Clients do not need to remove any clothing, do not need to wait days for their results and do not need to fast before the assessment. The assessment will not cause any discomfort or side effects. CHRA is found to be one of the safest and more reliable choices.

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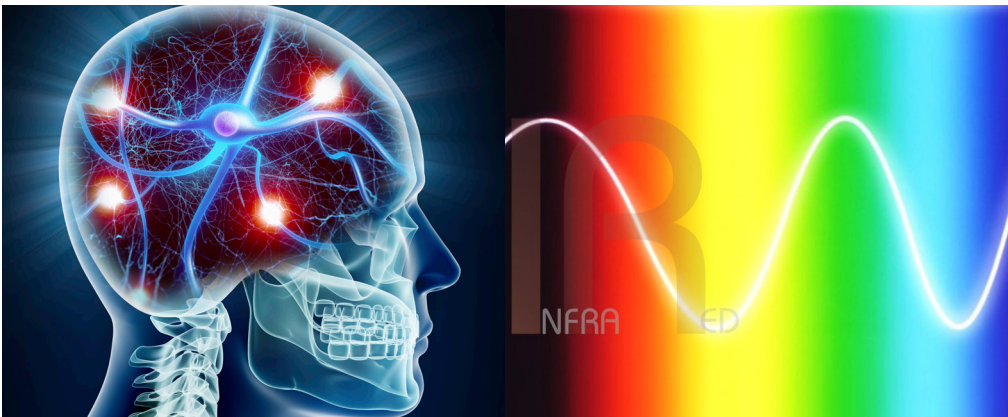


Uniqueness of the Comprehensive

1. The unique and advanced technology found in CHRA

Infra-red sensor

- Soviet Union scientists invented this infra-red sensor to receive brain wave frequencies and relay back to the computer databases for further analysis. This method is intensely accurate and direct.
- Since the brain is the main organ that is connected to and used to control the rest of the body, analyzing brain signals to assess the body condition gives a highly accurate result.
- In addition, infra-red sensors are non-radio contrast agent, non-invasive, non-traumatic and have no side-effects.

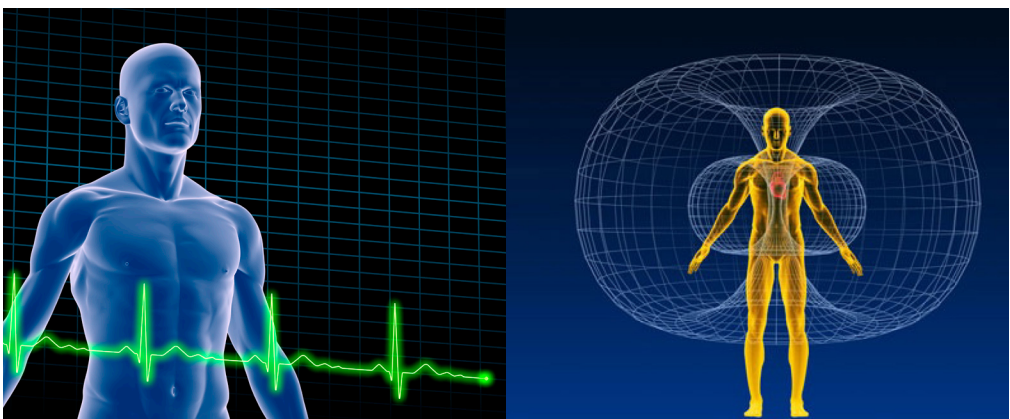


Health Risk Assessment (CHRA)

Bio-resonance

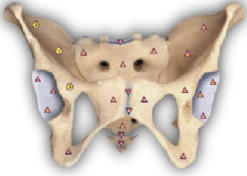

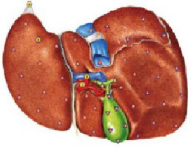
- Bio-resonance refers to the specific health frequencies emitted by every organ and cell in the human body.
- If the incoming bodily signals received from the infra-red sensor differ from the standard of a “healthy frequency”, this indicates that a health problem is in-place.
- On the other hand, each type of illness, parasitic organism, bacteria, virus and heavy metal have their own specific frequencies.
- CHRA will then compare the incoming frequency from your body with the frequency in our databases to detect any health problems.

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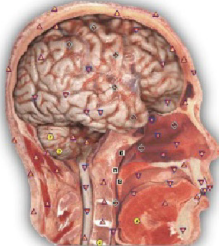


2. A one-time comprehensive health assessment on

- Basic assessment can help us assess various organs and cell.
- Apart from the primary analysis, the Comprehensive Health Risk Analyzer can assess more than 800 organs or body cells. The whole digestive system to every single strand of chromosomes and DNA can also be assessed in details.

DIGESTIVE SYSTEM	SKELETAL SYSTEM	IMMUNE SYSTEM
Front Stomach Wall	Left and Right Thoracic Spine	Tonsil
Stomach Wall Tissue	Left and Right Lumbar Spine	Thymus
Pyloric Antrum	Left and Right Hip Joint	Thymus Gland Tissue
Duodenum Wall	Left and Right Femur Bone	Histamine
Colon, Small Intestine and Rectum Wall	Left and Right Shin Bone	Hemoglobin
Intestine Epithelial	Pelvic Bone	Spleen
Gallbladder and Bile Duct		ENDOCRINE SYSTEM
Pancreas		Thyroid
Pancreatic Tissue		Adrenals
Pancreatic Islet Cells		Insulin
	DETOXIFICATION SYSTEM	Serotonin
	Left and Right Kidney	Male or Female Hormone
	Nephron	
	Glomerulus Tissue	
LYMPHATIC SYSTEM	Urethra	
Throat/ Left / Right Body Lymph Tissue	Liver (Back)	
Lymphatic Nodes	Hepatic Tissue	NERVOUS SYSTEM
Lymphatic Vessels	Sagittal Section of Liver	Whole Back Nerves
	Urinary Bladder	Optic Nerve
	Urinary Bladder Wall	

11 body systems and 100 or more organs or body cells

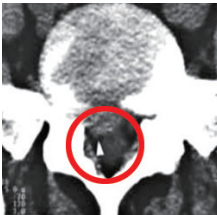
CARDIOVASCULAR SYSTEM	OTHERS
Blood Vessels at Heart (Front)	Cerebrum, Cerebellum and Brain Stem
Blood Vessels at Heart (Back)	Cross Section of Head
Heart Valves	Skin Tissue
Heart Muscles	Nails
Bone Marrow	Muscles
Blood Cells	Tendons
Coronary Arteries; Aorta	Chromosomes
Aortic Wall	ATP
Arterial Wall	Left and Right Eyeball
Capillaries	Left and Right Eyeground
Left and Right Cerebral Blood Vessels	Left and Right Ear
Kidney Vessels	
REPRODUCTIVE SYSTEM	
Left and Right Uterine Tube	RESPIRATORY SYSTEM
Cross/ Transveral Section of Uterus	Left and Right Lungs
Ovary Cells	Pulmonary Tissue
Uterus Epithelium	Trachea and Bronchi
Left and Right Mammary Gland	
Mammary Epithelium	
Prostate Tissue	
Seminal Vesicles/ Left and Right Testicles	
Sperm/ Seminal Canaliculus	
Ductus Deferens	

3. High accuracy of CHRA

- Accuracy percentage attained by CHRA is 70%-80%.
- Result obtained are clearer and easier to understand when compared with CT scans, Ultrasound and MRI.
- Addresses the root cause of the health problem, such as bacteria, virus, parasitic organisms and heavy metal etc.
- Compare with other devices, CHRA is more accurate and practical.

Example I: CT SCAN vs CHRA

Osteoplastic metastases in prostate carcinoma bone



VS



CHRA indicates that the problematic area is exactly the same as the result obtained from the CT scan, and no harmful substances are induced from the CHRA method.

Body compression fracture of the first lumbar vertebra



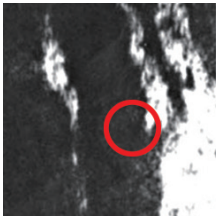
VS



From the CHRA result, it is clearly shown that the problem is within the spine through the use of visual black dots to identify the fracture. In contrast, the result from CT scan is less accurate in indicating the location of the fracture.

Example 2: ULTRASOUND vs CHRA

Stenosis of the abdominal aorta as a result of a blood clot, which is located next to the partially calcified athermanous plaque

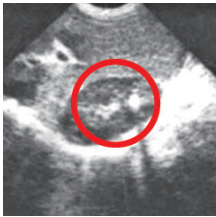


VS

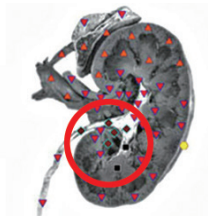


CHRA results clearly show the blood clotting problem. It is comparatively difficult to see the result from the Ultrasound study.

Longitudinal section: Right kidney stone



VS



CHRA indicated the location of the kidney stones in the patient's right kidney. However, in the result from the Ultrasound study it is hard to specifically locate the kidney stone.

Example 3: MRI vs CHRA

Neurofibromatosis



VS

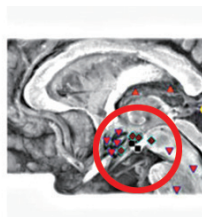


CHRA indicates that the problem area is exactly the same as the result from MRI, and no harmful substances were induced from the CHRA.

Lymphoma of the hypothalamus



VS



The CHRA indicates the problem happening in the hypothalamus. However, the MRI result is comparatively less accurate in determining the afflicted area.

Professional Service of the Health Risk Assessment (HRA) Centre

Our qualified nutritionists and specialists
can provide you with:



Dr. Jawid Khan
Specialist

- Professional [utilization of the analyzer](#) to assess client's health problem
- A professional [consultation assessment](#)
- A professional [report interpretation](#)
- A tailored [holistic solution](#) to improve overall health



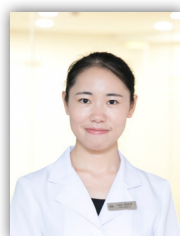
Janice Wong
HRA Nutritionist



Kristen Lok
HRA Nutritionist



Candy Wong
HRA Nutritionist



Sally Cheng
HRA Senior Nutritionist



Nicole Zheng
HRA Senior Nutritionist

Provide a Holistic Solution

The specialist and nutritionists in HRA Center will analyze customers' health risk conditions professionally according to their assessment reports. Based on the analysis, they will provide a personalized and comprehensive solution in accordance with the concept of "Green Your Body". This includes a healthy diet and lifestyle, along with emotional management and functional nutrition.

- Comprehensive and targeted nutrition advice
- Works in conjunction with the use of "Green Your Body"
- Appropriate exercise advice
- Weight loss program (if applicable)



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Testimonial

Name: Tsang Chiu Pun
Gender: Male
Occupation: Retired Teacher



For a period of time, I always felt exhausted, despite the fact that I exercise regularly. Therefore, I made an appointment to see Dr. Jawid and used the Comprehensive Health Risk Assessment (CHRA) in January 2014. Since CHRA found out there were lots of heavy metals and parasites accumulated in many of my organs, such as pancreas. I started to follow health advices and to take nutrition supplements. In April 2015, I came back for a follow-up health assessment with the senior nutritionist, I was glad to know that almost all heavy metals had been removed from my bones. CHRA can let me further understand my health condition in details. By following nutritionist's suggestion on adjusting my living and eating habits, my health has been progressively improved! I feel more energetic now, skin allergy is getting better and meanwhile, I was able to lose 10 lbs of excess body fat in 6 months!

After using CHRA, I started to visit HRA centre every two weeks for the Rejuvenative Energy Support (RES), which helps me keep track with my health status over the time of my visit. In May 2015, I got a bug bite on my forehead. When I went to the doctor, I was given a ointment to smoothen the swelling and redness on my wound. When I come back for a RES again, I was told that my white blood cells level increased abnormally; after a detailed check up, nutritionist found out that I have a high risk of getting Lyme disease which is an infection caused by bug bite. Nutritionist advised me that this disease cannot be overlooked, since it can cause serious health problem if left untreated. Luckily, my white blood cells level got under control in five months time after increasing doses of nutrition supplement as advised. Little did I know that a little bug bite can pose a harm on my health. I am so blessed that having to come for RES can help me to figure out and recover my health risk before it is too late.

Nutritionists are very professional in giving us health advices on changing my eating and living style. I will continue to improve and maintain my health because, to have a good quality of life, is to have a healthy body.

Name: Alex Doo
Gender: Male
Occupation: Marketing



My dad is 83 years old, 2 years ago, he visited the hospital due to pain on his leg. Luckily, his condition of his leg can be treated, but to our surprise, the doctor found out that his blood platelet level is very low, knowing that the normal level is about 100 - 160, his level is only reaching 40; this worry me a lot, as the result of low blood platelet level can lead to internal bleeding, and in worst situation, it can lead to death.

At first, doctor advised my Dad to do a bone marrow test, however the test did not find any abnormality, so the doctor suggested my Dad to have injection to improve his blood platelet level. The treatment needs to be continuously taken once a week. As we followed the advice by the doctor, my Dad's blood platelet level was gradually increasing; however, the cost of the injection treatment was very high, costing about \$20,000 each month. For a lower price option, my dad switched to take medicine that costs about \$16,000, but his level of the blood platelet started to drop again. To keep his blood platelet level under control, my Dad needed to have the amount of the med prescription increased.

Until taking the medication for about half a year, I brought my dad to see the nutrition expert at Health Risk Assessment Centre—Dr. Jawid Khan for a Comprehensive Health Risk Assessment (CHRA) service. Not only did we found out about his spine got infected (which did not get diagnosed in previous health check-up done in the hospital); we also found out he has accumulated high amount of heavy metals and parasites in his pancreas. Dr. Khan then suggested my Dad to take Clear Parasite and Clear HMTL for about a year. Meanwhile, my dad keeps checking his blood platelet level at the hospital; after half a year of taking the Clear Parasite and Clear HMTL, the doctor was so amazed that his blood platelet level has increased back 116. One of the obvious improvements was that his gum bleeding problem was gone. My Dad's condition has been improving; he now can lower his med prescription. I was so impressed with the CHRA technology, comparing to services provided in the hospitals or other private health sectors, this advanced technology is very economical and yet accurate in finding the root causes of the health problems.

Name: Yau Ka Lok
Gender: Male
Occupation: Assistant Surveyor



I have been suffering from headaches and discomfort in my ears for a long time. I have tried numerous methods hoping to solve my health issues; however after having a blood test and MRI at the hospitals, the causes to my problems have still yet to be found. Headaches and discomfort in my ears still persisted. Last year, my aunt introduced me to CHRA, and since then my condition has drastically been improved. I have not tried using CHRA in the past, so I was not so sure about the accuracy and quality of this assessment. However, I was impressed that CHRA can find out which particular bacteria are present. I found out the virus causing me was tinnitus. The assessment even found out other health problems which other health assessments could not discover.

The whole assessment was comfortable, unlike other common health check-ups, I only had to wear a headset; following direction from the nutritionist, the whole assessment was carried out very smoothly. The assessment service was also very professional, as I did not need to wait for too long for the assessment result; the report was given to me on the same day after my assessment!

I felt a lot better after the day of the assessment, and with the help of the nutritionist, the use of FFC products and RES, my health issues have improved a lot. I would use CHRA again to pay attention to my health condition in the future; and would refer my friends to use this service.

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Name: Tang So Mei
Gender: Female
Occupation: Housewife



In February 2015, a friend of mine introduced me to Health Risk Assessment Centre and used the services of Cardiovascular Risk Assessment, Precision Body Composition Assessment, Basic Assessment and Comprehensive Health Risk Assessment (CHRA). Before using these services, I was feeling awful; my doctor told me that my blood sugar, cholesterol and blood pressure were high and diagnosed me with arrhythmia. I can feel that my body was under a lot of pressure as if it is about to exceed its limit. I was getting out of breath when even walking stairs, and my heart was bumping irregularly fast. Doctor advised me that I have a risk of having sudden death but yet there was no solution to help.

Until I used the services at the HRA centre, I found that CHRA is very different from other mainstream health assessments; CHRA is able to pinpoint what exactly is affecting my body, such as heavy metals and parasites. Dr. Jawid was able to tell me what specific nutrients I was lacking. I think that what sets CHRA apart from other health assessments is that, CHRA can help finding the root causes of my health problems, and giving me a personalized holistic solution.

Also, I have been coming to meet nutritionist every month to use Rejuvenative Energy Support (RES) service to help follow-up my improvement process. Now that, my health status has been getting better, I was advised to come only once a month instead of every two weeks. Following the recommendation advised by Dr. Jawid and nutritionist to "Green Your Body", I feel that my health is gradually improving. My blood sugar level now is under control, I can go hiking without feeling short of breath and racing heartbeat! It was not easy when I first committed to adopt a healthy eating and living style; I felt overwhelm to take many nutrition supplements regularly. However, for my own good, I finally can overcome all difficulties and struggles to restore my health!

COMPREHENSIVE HEALTH RISK ASSESSMENT(CHRA) PRECAUTIONS


1. Client should avoid strenuous exercise or physical activity before the assessment in order to ensure the test results from the impact.
2. Do not eat two hours prior to the assessment. If the consumption of meal is necessary, please participate in the assessment two hours later.
3. Please inform our nutritionist prior to the assessment with condition such as pregnancy, implanted with metal prostheses, pacemakers or currently taking any medication.
4. Metal objects implanted in the body may affect the accuracy of the measured current impedance.
5. Remove all skin contact with metal objects before the start of the assessment, such as rings, watches, necklaces or earrings.
6. The client is recommended to have adequate sleep and rest the night before the assessment.
7. Visit the bathroom before the assessment to avoid any inaccurate assessment result.
8. Please remain calm and relaxed during the assessment to ensure the brain receives the right signal.
9. Clients should avoid being in contact with any electronic devices during the assessment to avoid interference of the radio frequency.
10. If a client is on prescription medicine (ie. insulin), analysis should be performed 3 hours after the intake of the medication.

*Above conditions may affect the accuracy of the data, as to provide the best service, please be cooperate.

THIS ASSESSMENT IS AIMED TO PROVIDE AN EARLY STAGE OF HEALTH RISK ANALYSIS, IF NECESSARY, PLEASE FEEL FREE TO VISIT ANY REGISTERED MEDICAL PRACTITIONER FOR FURTHER HEALTH ENQUIRIES.

Reservations And Inquiries Service Hours:

Mon - Fri : 12:00p.m. - 6:00p.m. (Closed on Sat, Sun & Public Holiday)

 Hotline: (852) 3462 6633



Hong Kong Flagship Centre

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