

CRA-CARDIOVASCULAR RISK ASSESSMENT















CRA-CARDIOVASCULAR RISK ANALYZER

HEALTH FACTS

According to statistics from The World Heart Federation, 1 in 3 deaths are caused by cardiovascular diseases. In Hong Kong, heart diseases have always been the second leading cause of death, ranking right after cancer. Referring to the info released in 2010 by the Department of Health in Hong Kong, 1 out of 7 people on average in Hong Kong died because of heart diseases. In 2011, about 11.9 people on average died from coronary heart diseases per day.



According to the American Heart Association, if a person's blood pressure is 140/90 or higher, they have a 69% chance of having their first heart attack, 74% chance of their first congestive heart failure, and a 77% chance of having their first stroke!

CRA' S READINGS

Through the use of a finger probe, the CRA utilizes the pulse signal gathered from the finger tip to assess the following items in order to predict the health of the cardiovascular system:

- The balance of the autonomic nervous system
- Physical stress index, mental stress index and stress resistance
- Average heart beat, cardiac stability, abnormal heart rate
- Aging vascular health, blood circulation status
- Early prediction and the evolution of atherosclerosis
- Overall assessment and recommendations for improvemen

Comprehensive testing and reporting



PROFESSIONAL CERTIFICATION AND CHARACTERISTICS

The CRA is FDA approved and classified as a Class II medical device. Due to a two year clinical research study in conjunction with 8 University Research Hospitals in Korea, CRA has established a global standard value for the Asian heart rate variability. It also ensured the accuracy of the assessment results and credibility, winning Korean patent awards.



PRECAUTIONARY STEPS TO BE TAKEN BEFORE CONDUCTING CARDIOVASCULAR RISK ANALYZER

- 1. Refrain from drinking alcoholic beverages one day before taking the analysis
- 2. To prevent inaccurate results, refrain from smoking, taking drugs or consuming caffeine hours prior to the analysis
- 3. Avoid eating one hour prior to the analysis
- 4. Remove all accessories before the analysis begins (e.g. rings, watch, manicure on the nails) as it may interfere the analysis
- 5. Please notify our nutritionist or consult with a specialist prior to the analysis if you are suffering from arrhythmia or cardiac diseases

HOW HEALTHY IS YOUR CARDIOVASCULAR SYSTEM? CONTACT US NOW AND FIND OUT FOR FURTHER DETAILS!





Reservations And Inquiries Service Hours:

Mon - Fri: 12:00p.m. - 6:00p.m. (Closed on Sat, Sun & Public Holiday)



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Hong Kong Flagship Centre

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